

# WHEN TO REACH OUT



**OASIS**  
PEDIATRIC THERAPY

AGE	SPEECH-LANGUAGE THERAPY MILESTONES	OCCUPATIONAL THERAPY MILESTONES	PHYSICAL THERAPY MILESTONES
0-3 Months	<ul style="list-style-type: none"> <li>▪ Able to latch and nurse/bottle feed with minimal leakage from the mouth.</li> <li>▪ Smiles at other people</li> </ul>	<ul style="list-style-type: none"> <li>▪ Brings hands to mouth</li> <li>▪ Looks at objects briefly</li> <li>▪ Falls asleep without excessive calming</li> </ul>	<ul style="list-style-type: none"> <li>▪ Lifts head 45-90 degrees</li> <li>▪ Props up on forearms when on belly</li> <li>▪ Moves head side to side</li> </ul>
4-7 Months	<ul style="list-style-type: none"> <li>▪ Has different cries for different needs</li> <li>▪ Begins babbling and expands the use of babbling sounds</li> <li>▪ Coos and smiles when spoken to in a kind voice</li> </ul>	<ul style="list-style-type: none"> <li>▪ Holds a bottle</li> <li>▪ Looks at toys while holding them</li> <li>▪ Tolerates loud noises</li> </ul>	<ul style="list-style-type: none"> <li>▪ Brings feet to mouth</li> <li>▪ Does complete rolls</li> <li>▪ Sits alone, steady</li> </ul>
8-11 Months	<ul style="list-style-type: none"> <li>▪ Produces multiple babbling sounds</li> <li>▪ Tries to imitate sounds made by adults</li> <li>▪ Turns and looks to find sounds/voices</li> </ul>	<ul style="list-style-type: none"> <li>▪ Begins letting go of toys purposely</li> <li>▪ Bangs toys together</li> <li>▪ Explores various textures</li> </ul>	<ul style="list-style-type: none"> <li>▪ Pulls to standing position</li> <li>▪ Begins to crawl</li> <li>▪ Can stand then sit</li> </ul>
1st Year	<ul style="list-style-type: none"> <li>▪ Starts using 1-2 word phrases</li> <li>▪ Has 5-20 words/ 50 words by 18 months</li> <li>▪ Points to wants and needs</li> <li>▪ Responds to name and the word "no"</li> </ul>	<ul style="list-style-type: none"> <li>▪ Uses a spoon, holds a cup</li> <li>▪ Completely off bottle</li> <li>▪ Sorts shapes</li> <li>▪ Able to scribble</li> </ul>	<ul style="list-style-type: none"> <li>▪ Squats up and down</li> <li>▪ Walks without help</li> <li>▪ Climbs off furniture</li> <li>▪ Runs</li> </ul>
2nd Year	<ul style="list-style-type: none"> <li>▪ Uses 2-3 word utterances/phrases</li> <li>▪ Vocabulary expands weekly</li> <li>▪ Over 450 words</li> <li>▪ Start asking questions: "What's this?"</li> </ul>	<ul style="list-style-type: none"> <li>▪ Takes off socks and shoes</li> <li>▪ Unscrews jar lids</li> <li>▪ Able to string beads</li> <li>▪ Eats all food textures</li> </ul>	<ul style="list-style-type: none"> <li>▪ Walks up/down stairs</li> <li>▪ Kicks a ball</li> <li>▪ Jumps up</li> <li>▪ Stands on one foot</li> </ul>
3rd Year	<ul style="list-style-type: none"> <li>▪ Uses 3-4 word utterances or more</li> <li>▪ Vocabulary expands to 1,000 words</li> <li>▪ Produces speech that is understood by most adults</li> <li>▪ Can tell simple stories or tell you about their day</li> </ul>	<ul style="list-style-type: none"> <li>▪ Puts shoes on correct foot</li> <li>▪ Builds nine block tower</li> <li>▪ Completes 4 piece puzzle</li> <li>▪ Colors with a crayon</li> <li>▪ Imitates a cross/circle</li> </ul>	<ul style="list-style-type: none"> <li>▪ Rides a tricycle</li> <li>▪ Catches a large ball</li> <li>▪ Walks on a straight line</li> <li>▪ Kicks a rolling ball</li> </ul>
4th Year	<ul style="list-style-type: none"> <li>▪ Uses 4-5 word utterances/sentences and strings sentences together</li> <li>▪ Vocabulary expands to 1,500 words</li> <li>▪ Uses "Why?" And "What?" questions</li> <li>▪ Produces more difficult sounds and words</li> </ul>	<ul style="list-style-type: none"> <li>▪ Buttons large buttons</li> <li>▪ Traces and copies</li> <li>▪ Dresses independently when asked</li> <li>▪ Cuts out shapes</li> </ul>	<ul style="list-style-type: none"> <li>▪ Jumps over objects</li> <li>▪ Rolls forward</li> <li>▪ Hops on 1 foot</li> <li>▪ Walks on balance beam</li> </ul>
5th Year	<ul style="list-style-type: none"> <li>▪ Is able to have a conversation with you about prior events</li> <li>▪ Makes comments and is able to give directions</li> <li>▪ Knows name and address</li> <li>▪ Uses most speech sounds correctly</li> </ul>	<ul style="list-style-type: none"> <li>▪ Cuts on straight lines</li> <li>▪ Tries to color in the lines</li> <li>▪ Buttons small buttons</li> <li>▪ Aware of dangerous items</li> </ul>	<ul style="list-style-type: none"> <li>▪ Skips and gallops</li> <li>▪ Stands still on toes</li> <li>▪ Catches a bounced ball</li> </ul>



## HOURS OF OPERATION

*Closed Saturdays and Sundays*

DAY	HOURS
Monday	8:00-4:00
Tuesday	8:00-4:00
Wednesday	8:00-4:00
Thursday	8:00-4:00
Friday	8:00-4:00

**REACH  
OUT**

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## Our **MISSION**

Oasis Pediatric Therapy joyfully serves underserved families who have children with delays/disabilities to THRIVE by providing skilled therapies, respite and resources.

## Our **VISION**

Empower children with delays or disabilities and their families to maximize independence and life satisfaction.

## Our **VALUES**

*We Promise to:*

- ✓ Value INTEGRITY
- ✓ Provide clear COMMUNICATION
- ✓ Provide RESOURCES
- ✓ Do what is RIGHT
- ✓ Promote UNITY
- ✓ Abstain from GOSSIP
- ✓ Display CONSISTENCY



*Empowering  
you to THRIVE,  
not just survive.*

# PEDIATRIC THERAPIES

## Our **GREAT SERVICES**

We currently provide **home based** speech, occupational and physical therapy to children under the age of 21 years old. In addition, we furnish resources as needed to all of our families, and we assist you with accessing those resources.

We **LOVE** working with families and their children! It is what we have been called to do and we would love to work with your family. We hire only highly educated, experienced and dedicated pediatric therapists who work with your child and family to achieve your child's developmental goals as well as your family's goals.



### ✓ **SPEECH THERAPY**

Pediatric speech therapists treat communication challenges, including speech and language. We also assist families with feeding and swallowing difficulties and deficits.



### ✓ **OCCUPATIONAL THERAPY**

Pediatric occupational therapists focus on helping children develop the skills they need to grow into functional, independent adults. We are experts in sensory, behavior, feeding, and fine motor skills.



### ✓ **PHYSICAL THERAPY**

Pediatric physical therapists treat children who have problems moving and performing other physical activities. We work with orthotics, equipment, home/car modifications, and large motor skills.